

10 Lame Duck Triathlon
 Age Group Results
 July 31, 2010
 Results By Headfirst Performance Services

Overall Plc	Div Plc	Name	Age	Swim Rnk	Swim Time	Swim Pace	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	1	Luke Neubauer	24	2	12:40.0	23:54	0:46.8	1	25:18.2	21.6	1:05.0	4	17:11.9	06:37	57:01.9
2	2	David Shelton	26	3	13:21.1	25:11	0:51.7	6	28:19.2	19.3	0:46.0	8	17:52.9	06:53	1:01:10.9
3	3	Rodney Wesley	42	14	16:04.0	30:19	0:58.3	2	27:28.6	19.9	1:03.1	1	16:00.2	06:09	1:01:34.2
4	1	Allison Stewart	24	4	13:55.2	26:15	0:46.5	5	28:03.5	19.5	0:50.6	12	18:14.1	07:01	1:01:49.9
5	1	Luke Robichaud	49	6	14:36.6	27:33	0:43.2	3	27:37.2	19.8	0:49.5	13	18:15.4	07:01	1:02:01.9
6	1	Justin Thompson	36	10	15:23.9	29:02	0:52.7	4	27:55.3	19.6	0:55.9	9	18:03.3	06:57	1:03:11.1
7	1	Grant Gensheimer	28	2	13:02.9	24:35	1:13.2	11	29:24.5	18.6	0:58.9	19	18:46.7	07:13	1:03:26.2
8	2	Philip Cullen	49	7	14:49.5	27:57	0:49.9	10	29:15.3	18.7	0:49.7	22	18:57.2	07:17	1:04:41.6
9	2	Beth Atnip	31	3	13:37.1	25:42	0:59.4	29	31:34.2	17.3	0:51.2	20	18:49.6	07:14	1:05:51.5
10	1	James Johnson	31	24	17:52.0	33:43	0:55.9	8	29:01.4	18.8	0:56.2	5	17:26.9	06:43	1:06:12.4
11	2	Scott Bassett	38	11	15:41.5	29:35	1:06.8	23	30:49.1	17.7	1:00.6	7	17:43.7	06:49	1:06:21.7
12	2	lance yordy	34	5	14:07.4	26:38	1:17.6	32	31:40.5	17.2	1:01.0	27	19:22.0	07:27	1:07:28.5
13	3	Shannon Florea	33	13	15:55.7	30:02	1:04.8	22	30:43.7	17.8	0:55.3	23	19:13.4	07:24	1:07:52.9
14	3	Joseph Stone	30	38	19:20.0	36:29	1:47.2	7	28:51.4	18.9	0:59.9	3	17:11.1	06:37	1:08:09.6
15	4	Kevin Parke	32	19	17:06.1	32:16	1:23.4	15	29:49.0	18.3	1:11.0	18	18:45.3	07:13	1:08:14.8
16	5	Matt Perraut	33	19	17:06.8	32:16	1:28.0	21	30:33.4	17.9	1:08.5	11	18:06.8	06:58	1:08:23.5
17	1	David Emmert	43	20	17:15.5	32:33	1:19.4	16	29:49.3	18.3	1:13.5	28	19:23.6	07:28	1:09:01.3
18	2	Thomas Stone	42	22	17:40.6	33:20	1:02.2	12	29:32.1	18.5	1:18.2	30	19:45.4	07:36	1:09:18.5
19	2	Matthew Dunnington	25	4	14:04.0	26:32	1:15.3	37	32:27.0	16.8	1:33.8	37	20:03.1	07:43	1:09:23.2
20	1	Nikki Ditsch	30	8	15:15.1	28:46	1:14.3	33	31:43.4	17.2	0:52.0	46	20:39.3	07:57	1:09:44.1
21	1	jud Weaver	17	17	16:46.4	31:38	1:50.7	55	33:31.5	16.3	1:02.1	2	16:57.0	06:31	1:10:07.7
22	1	Jennifer Schilling	27	5	14:06.9	26:36	1:13.0	57	33:35.5	16.3	1:17.9	34	20:02.3	07:42	1:10:15.6
23	3	Steve Sevits	38	32	19:04.0	35:58	1:15.8	19	30:14.6	18.1	1:21.0	14	18:21.8	07:04	1:10:17.2
24	1	Adam Stuart	22	41	19:28.7	36:44	1:11.2	9	29:14.6	18.7	0:48.4	31	19:55.9	07:40	1:10:38.8
25	2	Jefferson Musgrave	24	9	15:16.4	28:48	1:20.9	24	31:02.9	17.6	1:21.7	75	22:06.5	08:30	1:11:08.4
26	1	Larry Wheeler	52	15	16:15.9	30:40	1:19.7	31	31:39.8	17.3	1:36.2	41	20:24.1	07:51	1:11:15.7
27	2	Tim Bailey	53	28	18:28.3	34:51	1:32.3	25	31:16.0	17.5	1:41.6	16	18:39.0	07:10	1:11:37.2
28	3	Bryan Earnest	44	27	18:07.8	34:11	1:01.0	13	29:36.2	18.4	1:00.4	83	22:29.4	08:39	1:12:14.8
29	1	julie thornhill	43	12	15:45.4	29:43	1:28.6	79	35:03.3	15.6	1:55.8	10	18:05.4	06:57	1:12:18.5
30	6	Chris Regon	34	9	15:22.5	29:00	1:16.2	47	32:53.8	16.6	1:26.4	66	21:52.7	08:25	1:12:51.6
31	2	Cara Nichols	28	18	16:50.4	31:46	2:01.0	76	34:45.4	15.7	1:34.2	6	17:41.0	06:48	1:12:52.0
32	3	Kevin McMahon	47	26	18:05.9	34:07	1:07.3	42	32:44.2	16.7	1:02.1	36	20:02.5	07:43	1:13:02.0
33	7	Matt Tatman	31	10	15:23.8	29:02	1:31.1	43	32:44.4	16.7	1:10.0	81	22:16.2	08:34	1:13:05.5
34	3	Louis Bonasso	28	16	16:34.0	31:15	1:43.2	38	32:31.8	16.8	1:41.2	48	20:49.3	08:00	1:13:19.5
35	3	Tim Terry	54	62	21:41.1	40:55	1:39.9	20	30:15.6	18.0	1:06.1	17	18:40.0	07:11	1:13:22.7
36	2	Jill Hawse	41	24	17:51.1	33:41	1:50.6	48	32:57.6	16.6	1:06.9	32	20:02.0	07:42	1:13:48.2
37	3	Drew Brewer	24	45	19:49.1	37:23	1:09.9	17	30:05.7	18.1	0:52.4	88	22:48.1	08:46	1:14:45.2
38	1	Sharlyn Golding	48	55	21:16.9	40:08	1:20.6	14	29:43.1	18.4	1:10.3	56	21:19.1	08:12	1:14:50.0
39	4	Ryan Inloes	36	6	14:12.2	26:48	1:45.8	67	34:16.2	15.9	1:20.1	96	23:17.1	08:57	1:14:51.4

Overall Plc	Div Plc	Name	Age	Swim Rnk	Swim Time	Swim Pace	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
40	2	Courtney Baxter	45	17	16:42.5	31:31	1:33.7	59	33:52.4	16.1	1:25.2	57	21:19.7	08:12	1:14:53.5
41	1	Mike Kennedy	56	40	19:28.5	36:44	1:37.5	56	33:33.4	16.3	1:29.2	21	18:50.2	07:15	1:14:58.8
42	4	Ted Toponak	41	54	21:08.1	39:52	1:10.0	30	31:35.2	17.3	1:11.1	33	20:02.1	07:42	1:15:06.5
43	8	Zach Herzog	33	29	18:41.9	35:15	1:09.2	44	32:44.8	16.7	1:18.2	55	21:18.7	08:12	1:15:12.8
44	5	Keith Spaulding	44	41	19:31.8	36:49	1:25.9	35	32:01.3	17.1	1:48.3	45	20:29.8	07:53	1:15:17.1
45	4	cody conley	22	12	15:45.3	29:43	1:32.0	68	34:18.9	15.9	1:18.7	86	22:34.0	08:41	1:15:28.9
46	5	Kingsley Wood	35	42	19:32.7	36:51	2:58.2	18	30:07.1	18.1	2:01.8	50	20:53.7	08:02	1:15:33.5
47	4	Ted Norris	53	36	19:16.3	36:21	1:40.6	28	31:24.4	17.4	1:18.7	69	21:59.5	08:27	1:15:39.5
48	1	Cassidy Herrington	20	7	14:57.2	28:12	1:30.4	87	35:32.2	15.4	1:24.5	84	22:31.7	08:40	1:15:56.0
49	5	Philipp Reuss	20	8	15:01.8	28:20	1:41.2	81	35:07.7	15.5	1:08.9	94	23:10.2	08:55	1:16:09.8
50	2	Stephanie Kimball	24	28	18:20.8	34:35	1:40.9	101	36:21.6	15.0	1:21.7	15	18:26.5	07:06	1:16:11.5
51	6	mike ekbundit	38	34	19:09.0	36:08	1:33.6	39	32:36.4	16.7	1:27.0	62	21:46.8	08:23	1:16:32.8
52	6	Tom Zuchowski	24	33	19:04.8	35:58	2:04.2	53	33:28.9	16.3	1:58.5	39	20:19.3	07:49	1:16:55.7
53	7	John Dickinson	35	25	17:57.4	33:52	1:57.7	40	32:43.1	16.7	1:21.5	92	23:07.7	08:54	1:17:07.4
54	2	Eddie Benton	59	30	18:54.0	35:40	2:50.1	45	32:45.1	16.7	1:57.7	51	20:54.0	08:02	1:17:20.9
55	4	David Metka	47	33	19:08.5	36:06	1:59.2	41	32:44.1	16.7	1:44.8	64	21:51.2	08:24	1:17:27.8
56	5	danny barnes	47	72	23:07.6	43:37	1:10.0	34	31:49.2	17.2	1:10.2	42	20:27.7	07:52	1:17:44.7
57	5	Rick Showalter	51	59	21:36.1	40:45	1:19.3	46	32:47.8	16.7	1:49.6	40	20:24.0	07:51	1:17:56.8
58	6	Lonnie Phillips	40	52	20:48.5	39:15	1:53.6	60	33:53.6	16.1	1:48.5	29	19:35.7	07:32	1:17:59.9
59	7	Stephen Testa	44	23	17:47.7	33:33	1:48.4	82	35:12.2	15.5	1:04.5	82	22:21.5	08:36	1:18:14.3
60	3	Libby Barnes	44	70	22:43.4	42:52	1:12.4	27	31:20.7	17.4	1:10.4	67	21:56.0	08:26	1:18:22.9
61	2	TJ Albright	15	1	11:58.6	22:35	2:45.8	143	40:57.5	13.3	0:52.4	73	22:04.2	08:29	1:18:38.5
62	9	Cody Brennehan	31	75	23:44.9	44:47	1:13.6	54	33:31.3	16.3	0:53.4	26	19:19.1	07:26	1:18:42.3
63	1	Travis Dugan	45	11	15:33.8	29:20	1:31.8	98	36:15.8	15.1	0:57.8	108	24:24.3	09:23	1:18:43.5
64	8	Michael Bassetti	43	20	17:24.1	32:50	1:43.8	80	35:05.6	15.6	1:44.8	89	22:53.2	08:48	1:18:51.5
65	10	Reed Spring	34	35	19:13.1	36:15	1:48.8	88	35:36.5	15.3	1:27.1	47	20:47.8	08:00	1:18:53.3
66	11	Justin Carey	31	15	16:22.3	30:53	2:38.5	96	36:09.0	15.1	2:01.8	65	21:51.8	08:25	1:19:03.4
67	12	Matt Rudolph	34	32	19:01.3	35:53	1:28.7	72	34:33.5	15.8	1:17.7	87	22:45.7	08:45	1:19:06.9
68	13	Jeremy Ledweg	32	21	17:25.6	32:52	1:43.9	99	36:17.3	15.0	1:29.6	80	22:16.0	08:34	1:19:12.4
69	8	Kevin Price	39	35	19:15.3	36:19	1:47.7	70	34:26.5	15.9	1:33.3	85	22:32.1	08:40	1:19:34.9
70	3	Curt Breswick	58	53	20:57.5	39:32	1:23.6	65	34:10.7	16.0	1:56.0	54	21:14.7	08:10	1:19:42.5
71	1	John Taylor	65	50	20:38.4	38:56	2:26.0	26	31:17.8	17.5	2:04.2	98	23:17.7	08:58	1:19:44.1
72	1	Cynthia Bennett	38	37	19:18.4	36:25	1:11.7	97	36:10.5	15.1	1:15.3	63	21:48.3	08:23	1:19:44.2
73	14	Ryoma Yoshioka	33	49	20:32.0	38:45	2:13.9	73	34:37.0	15.8	1:57.0	43	20:28.5	07:52	1:19:48.4
74	6	Robert Twist	54	21	17:28.9	32:57	1:41.9	94	36:03.0	15.1	1:40.4	90	23:03.2	08:52	1:19:57.4
75	4	Dante Schembari	26	61	21:40.7	40:53	1:24.7	36	32:01.7	17.1	1:36.2	99	23:21.8	08:59	1:20:05.1
76	9	Joe Craig	40	46	19:58.6	37:40	3:04.1	51	33:03.4	16.5	2:04.9	68	21:58.9	08:27	1:20:09.9
77	2	Jason Moncer	36	44	19:42.5	37:10	1:58.8	74	34:38.5	15.8	1:49.7	74	22:05.7	08:30	1:20:15.2
78	10	Bruce Belin	43	56	21:24.3	40:23	2:18.6	62	33:58.2	16.1	1:19.5	60	21:40.8	08:20	1:20:41.4
79	15	Jamie Seward	32	36	19:16.9	36:21	1:43.7	100	36:20.8	15.0	1:22.9	71	22:03.5	08:29	1:20:47.8
80	6	Brad Fruth	48	37	19:18.8	36:25	2:24.4	63	34:01.3	16.1	1:49.7	100	23:36.0	09:05	1:21:10.2
81	1	Gayle Pille	56	18	16:47.2	31:40	1:39.6	58	33:44.8	16.2	1:57.3	144	27:01.4	10:24	1:21:10.3
82	7	Brian Fruth	48	39	19:20.4	36:29	2:16.0	66	34:12.3	16.0	2:04.8	97	23:17.2	08:57	1:21:10.7
83	8	Tom O'Day	45	78	24:40.1	46:32	2:31.8	50	33:01.9	16.5	1:59.8	35	20:02.4	07:42	1:22:16.0

Overall Plc	Div Plc	Name	Age	Swim Rnk	Swim Time	Swim Pace	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
84	3	Matthew Reeves	40	13	15:49.2	29:51	3:10.1	71	34:30.6	15.8	3:20.3	127	25:33.7	09:50	1:22:23.9
85	9	Robert Tagher	39	51	20:41.0	39:02	2:26.9	104	36:56.8	14.8	1:28.4	49	20:52.3	08:02	1:22:25.4
86	5	James Holt	28	74	23:30.5	44:20	3:35.2	49	33:00.0	16.5	1:33.3	59	21:24.7	08:14	1:23:03.7
87	2	Allison Huck	35	42	19:33.6	36:53	1:54.2	93	35:54.4	15.2	1:45.2	106	24:14.3	09:19	1:23:21.7
88	1	Amy Albright	15	14	15:59.0	30:09	2:32.2	130	39:31.9	13.8	1:08.3	110	24:26.8	09:24	1:23:38.2
89	4	Seth York	25	22	17:30.1	33:01	1:59.9	95	36:06.5	15.1	2:03.7	131	25:58.6	09:59	1:23:38.8
90	3	Margo Ubele	28	67	22:28.8	42:23	1:59.3	92	35:51.2	15.2	2:19.8	52	21:02.4	08:06	1:23:41.5
91	16	stan cornelius	33	60	21:37.4	40:47	2:33.8	84	35:17.5	15.5	2:19.4	76	22:10.1	08:32	1:23:58.2
92	11	Mike Ginter	44	52	20:43.9	39:05	2:04.1	109	37:22.2	14.6	1:37.8	77	22:10.2	08:32	1:23:58.2
93	4	Sandra Massie	44	38	19:19.3	36:27	2:13.5	86	35:27.2	15.4	1:56.9	122	25:05.2	09:39	1:24:02.1
94	3	brandon jones	16	83	26:48.4	50:34	2:16.2	75	34:43.6	15.7	1:27.8	25	19:16.7	07:25	1:24:32.7
95	12	Michael Schaeffer	40	65	22:08.1	41:46	2:49.3	61	33:57.8	16.1	3:32.6	79	22:16.0	08:34	1:24:43.8
96	2	Megan Phillips	33	16	16:23.7	30:55	2:05.2	121	38:21.5	14.2	1:56.6	132	26:00.6	10:00	1:24:47.6
97	3	Liz Knapp	39	54	21:07.7	39:51	1:55.8	113	37:56.2	14.4	0:49.8	93	23:08.1	08:54	1:24:57.6
98	9	Robert Lamb	46	82	26:10.0	49:22	1:22.3	69	34:21.1	15.9	1:46.6	58	21:21.6	08:13	1:25:01.6
100	1	Sallie Showalter	51	79	25:07.0	47:23	1:20.6	89	35:41.8	15.3	1:22.2	78	22:12.1	08:32	1:25:43.7
99	7	Jahan Miremami	22	47	20:18.1	38:18	1:35.8	111	37:46.9	14.5	1:44.2	107	24:18.7	09:21	1:25:43.7
101	13	john weaver	44	31	18:56.5	35:43	3:18.0	102	36:26.3	15.0	3:07.0	105	24:13.7	09:19	1:26:01.5
102	1	Benny Hicks	60	48	20:26.9	38:33	2:17.0	119	38:18.4	14.3	2:18.2	91	23:05.2	08:53	1:26:25.7
103	14	Gregory Ousley	43	43	19:35.1	36:57	1:30.3	118	38:16.5	14.3	1:39.6	128	25:39.1	09:52	1:26:40.6
104	3	Teresa Goodin	48	39	19:22.9	36:32	2:20.9	147	41:41.7	13.1	1:12.6	72	22:04.0	08:29	1:26:42.1
105	2	Mary Henson	55	43	19:35.7	36:57	2:33.1	125	38:44.2	14.1	1:44.5	104	24:11.3	09:18	1:26:48.8
106	15	Lonnie Sheets	41	30	18:47.1	35:26	2:08.9	117	38:16.1	14.3	1:20.6	138	26:23.5	10:09	1:26:56.2
107	4	Connor Asay	19	80	25:36.7	48:18	3:30.5	91	35:46.4	15.3	1:42.3	44	20:29.2	07:53	1:27:05.1
108	10	Charlie Workman	38	57	21:29.0	40:32	1:45.0	123	38:28.0	14.2	1:02.3	117	24:45.8	09:31	1:27:30.1
109	8	jordan cutler	22	66	22:28.1	42:23	3:18.4	128	39:11.3	13.9	1:20.6	53	21:12.0	08:09	1:27:30.4
110	5	Karen Clark	42	71	22:49.9	43:03	1:35.6	110	37:40.4	14.5	1:31.4	101	23:54.7	09:12	1:27:32.0
111	3	Ann Brittian Clem	31	29	18:31.1	34:56	1:42.3	116	38:14.5	14.3	1:32.4	150	27:52.9	10:43	1:27:53.2
112	11	Travis Nalley	37	70	22:45.6	42:55	3:16.0	85	35:26.5	15.4	1:46.9	116	24:45.1	09:31	1:28:00.1
113	10	Kevin Smith	48	46	20:05.7	37:54	1:33.6	122	38:24.5	14.2	1:54.8	133	26:06.3	10:02	1:28:04.9
114	5	Spencer Bailey	16	90	30:43.6	57:57	1:57.1	52	33:21.8	16.4	2:04.7	38	20:08.8	07:45	1:28:16.0
115	17	DAVID SCHROERLUCKE	34	34	19:10.0	36:10	2:12.4	126	38:54.0	14.0	1:53.2	134	26:08.0	10:03	1:28:17.6
116	18	Graham Sparkman	32	87	28:51.2	54:26	2:17.3	64	34:01.5	16.1	1:55.0	61	21:41.8	08:21	1:28:46.8
117	16	Danny Rose	43	45	19:50.6	37:25	2:20.8	115	38:07.2	14.3	1:59.1	140	26:36.1	10:14	1:28:53.8
118	4	Angela Elser	34	77	24:35.2	46:23	2:16.3	124	38:35.0	14.2	1:39.1	70	22:02.9	08:29	1:29:08.5
119	4	Linda Hines	45	26	18:04.3	34:05	1:36.6	120	38:18.7	14.3	1:59.1	163	29:10.7	11:13	1:29:09.4
120	7	Stephen Ramsay	54	73	23:24.8	44:09	2:31.7	83	35:17.2	15.5	2:34.0	129	25:43.1	09:54	1:29:30.8
121	9	Timothy Buchenroth	23	81	25:40.4	48:26	2:22.2	78	34:51.0	15.7	1:37.9	125	25:19.0	09:44	1:29:50.5
122	12	Matt Moren	39	77	24:14.4	45:43	2:28.0	114	38:06.6	14.3	1:50.5	95	23:15.2	08:57	1:29:54.7
123	17	Andy Craven	43	80	25:34.1	48:14	1:55.3	103	36:40.1	14.9	1:18.7	112	24:37.6	09:28	1:30:05.8
124	5	Kayoko Dan	32	51	20:42.9	39:03	1:30.9	146	41:34.1	13.1	1:18.0	123	25:08.6	09:40	1:30:14.5
125	10	Travis Meccariello	24	57	21:27.9	40:28	2:17.8	134	40:04.3	13.6	1:55.0	118	24:48.1	09:32	1:30:33.1
126	3	Emily Arnold	24	49	20:30.8	38:41	2:13.1	131	39:36.0	13.8	2:14.0	141	26:38.2	10:15	1:31:12.1
127	6	Nina Gueorguieva	41	69	22:42.6	42:50	2:30.0	106	37:11.4	14.7	3:00.3	136	26:14.4	10:06	1:31:38.7
128	1	Nicole Edwards	35	53	20:54.5	39:26	2:07.2	142	40:57.4	13.3	1:38.9	139	26:34.7	10:13	1:32:12.7

Overall Plc	Div Plc	Name	Age	Swim Rnk	Swim Time	Swim Pace	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
129	6	Ellie Conley	32	23	17:40.6	33:20	1:56.9	145	41:23.7	13.2	1:36.8	165	29:50.2	11:29	1:32:28.2
130	18	Roger Wright	44	82	26:01.5	49:05	3:20.6	107	37:14.7	14.7	1:57.2	102	23:56.6	09:13	1:32:30.6
131	11	Patrick Twist	21	76	23:57.0	45:11	1:51.1	112	37:51.2	14.4	1:10.7	152	28:16.2	10:52	1:33:06.2
132	5	Sandi Willis-McCarter	48	31	18:56.3	35:43	3:09.6	156	43:52.5	12.4	2:46.6	121	24:57.1	09:36	1:33:42.1
133	19	kevin shelton	31	40	19:25.5	36:38	2:17.5	157	44:06.3	12.4	1:56.7	135	26:09.7	10:04	1:33:55.7
134	4	Kevin Connell	58	61	21:39.9	40:51	2:28.6	105	37:08.9	14.7	2:17.9	168	30:25.3	11:42	1:34:00.6
135	5	Ronald Campbell Jr.	25	79	25:24.5	47:55	1:53.0	132	39:44.8	13.7	1:34.8	151	27:53.3	10:44	1:36:30.4
136	5	Lawrence Green	59	73	23:14.5	43:50	2:19.7	90	35:46.0	15.3	9:28.0	130	25:53.5	09:57	1:36:41.7
137	4	Britteni Clay	28	75	23:46.3	44:51	2:23.9	155	43:45.7	12.5	1:33.6	126	25:20.3	09:45	1:36:49.8
138	6	Dan Owsley	0	58	21:30.1	40:34	4:28.9	127	38:56.9	14.0	3:06.9	158	28:48.2	11:05	1:36:51.0
139	20	William Collier	34	56	21:27.4	40:28	1:37.6	149	42:38.5	12.8	2:03.5	162	29:07.2	11:12	1:36:54.2
140	7	Lisa Turner	33	63	21:50.3	41:12	2:10.0	154	43:22.1	12.6	1:22.2	153	28:20.3	10:54	1:37:04.9
141	2	Allison Harris	27	63	21:52.1	41:15	2:39.2	159	44:13.5	12.3	1:34.7	145	27:04.2	10:25	1:37:23.7
142	19	Camden Clay	43	59	21:30.8	40:34	3:08.0	148	42:25.1	12.9	2:22.4	154	28:21.7	10:54	1:37:48.0
143	12	Matthew Clark	21	90	29:40.9	55:58	1:54.9	136	40:08.7	13.6	1:23.0	115	24:42.3	09:30	1:37:49.8
144	8	John Tarrant	54	86	28:39.5	54:03	2:27.9	139	40:38.9	13.4	1:54.3	109	24:26.4	09:24	1:38:07.0
145	6	Lisa Sams	46	47	20:08.0	37:59	2:31.5	158	44:10.8	12.4	1:29.0	167	30:23.8	11:41	1:38:43.1
146	8	Mindy Spring	33	62	21:46.2	41:04	2:31.5	166	45:50.8	11.9	1:34.6	146	27:06.4	10:26	1:38:49.5
147	7	Andy Harris	35	50	20:32.8	38:45	2:46.9	141	40:55.6	13.3	3:20.0	172	31:21.9	12:04	1:38:57.2
148	20	Ken Ford	43	85	28:27.0	53:41	2:33.4	135	40:04.9	13.6	1:31.2	142	26:40.2	10:15	1:39:16.7
149	21	brent graden	40	68	22:38.6	42:42	3:32.1	168	46:30.1	11.7	1:42.1	120	24:54.1	09:35	1:39:17.0
151	9	Jim Holt	54	78	24:55.5	47:01	3:39.0	129	39:20.3	13.9	2:37.4	159	28:50.1	11:05	1:39:22.3
150	13	Jeffrey Scott	38	69	22:41.0	42:48	3:21.9	133	40:01.3	13.6	2:13.2	169	31:04.9	11:57	1:39:22.3
152	21	Chris Marlin	30	93	39:16.1	74:05	2:29.2	108	37:19.0	14.6	1:41.1	24	19:14.7	07:24	1:40:00.1
153	14	William Hardin	35	58	21:30.0	40:34	2:03.1	150	42:38.6	12.8	1:50.2	175	31:59.7	12:18	1:40:01.6
154	15	Patrick Quirk	35	76	23:54.2	45:06	5:47.6	153	43:01.2	12.7	2:08.9	124	25:17.2	09:44	1:40:09.1
155	9	Carol Gordon	33	64	22:07.4	41:44	2:12.4	164	45:11.4	12.1	1:42.5	161	28:55.5	11:07	1:40:09.2
156	11	Dwayne Edwards	48	81	25:48.8	48:41	2:26.8	137	40:16.0	13.6	2:13.8	164	29:28.2	11:20	1:40:13.6
157	1	Joe Wilson	76	83	26:55.5	50:47	2:23.3	138	40:37.2	13.4	2:08.2	160	28:53.9	11:07	1:40:58.1
158	22	John Durkin	33	74	23:29.5	44:18	4:05.7	162	44:43.2	12.2	1:39.2	149	27:17.5	10:30	1:41:15.1
159	4	Jennifer Raisley	35	66	22:27.6	42:22	3:25.7	169	46:35.6	11.7	2:16.5	147	27:11.3	10:27	1:41:56.7
160	3	kara Robinson	25	55	21:11.2	39:58	2:32.9	160	44:14.9	12.3	2:16.6	173	31:53.7	12:16	1:42:09.3
161	4	Wendy Abbott	33	25	17:54.6	33:46	2:00.8	170	46:35.8	11.7	2:03.7	179	34:05.1	13:07	1:42:40.0
162	13	Chris Westlund	22	89	29:25.6	55:30	2:55.3	161	44:24.8	12.3	2:52.6	114	24:41.7	09:30	1:44:20.0
163	16	Marty Cospers	36	85	27:52.2	52:35	2:23.2	167	46:12.8	11.8	1:39.8	137	26:17.5	10:07	1:44:25.5
164	6	Charles Irons	19	84	27:30.0	51:53	2:25.5	175	49:33.9	11.0	1:27.9	103	23:58.3	09:13	1:44:55.6
165	2	Katie Gerring	19	27	18:09.8	34:15	3:09.9	178	50:41.9	10.8	2:10.4	170	31:18.1	12:02	1:45:30.1
166	5	Jordan Jones	25	87	28:48.3	54:20	4:02.0	140	40:45.5	13.4	3:22.6	155	28:37.6	11:01	1:45:36.0
167	5	Beth Rose	38	60	21:39.5	40:51	2:44.2	165	45:39.0	12.0	1:27.9	180	34:21.8	13:13	1:45:52.4
168	4	Lauren Paunicka	24	65	22:15.4	41:59	1:47.3	177	50:29.5	10.8	1:29.1	166	30:11.3	11:37	1:46:12.6
169	6	Brent Zastrow	26	86	28:34.4	53:54	3:04.6	144	41:04.5	13.3	2:21.1	174	31:54.8	12:16	1:46:59.4
170	7	Mindy Powell	40	48	20:21.7	38:24	3:36.1	174	49:29.6	11.0	1:31.9	176	32:04.4	12:20	1:47:03.7
171	23	Tom Viney	34	67	22:34.7	42:35	3:22.9	181	53:39.6	10.2	1:37.1	143	27:01.1	10:24	1:48:15.4
172	7	Nathan Lockhart	26	68	22:37.7	42:40	4:03.8	179	52:06.5	10.5	2:03.3	156	28:39.4	11:01	1:49:30.7

Overall Plc	Div Plc	Name	Age	Swim Rnk	Swim Time	Swim Pace	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
173	6	Toa Green	28	64	21:54.0	41:19	2:22.0	173	48:31.7	11.3	1:41.1	183	35:33.3	13:40	1:50:02.1
174	1	Cathie Hoehner	61	71	22:48.6	43:01	3:01.5	180	52:50.7	10.3	1:31.6	178	33:00.6	12:42	1:53:13.0
175	8	Karen Hadley	41	72	22:54.1	43:12	3:36.1	182	53:43.2	10.2	1:48.0	177	32:12.6	12:23	1:54:14.0
176	17	William Brislin	37	91	33:15.1	62:44	5:01.7	176	50:16.7	10.9	1:41.0	111	24:34.3	09:27	1:54:48.8
177	24	Matt Sharp	33	89	29:21.6	55:23	8:41.0	152	42:54.5	12.7	9:02.0	119	24:50.1	09:33	1:54:49.2
178	18	Matt Brotherton	39	88	29:00.6	54:43	9:11.7	77	34:47.2	15.7	4:08.3	184	37:41.5	14:30	1:54:49.3
179	22	Rob Wilson	41	88	29:19.5	55:19	8:54.4	151	42:45.1	12.8	9:09.0	113	24:41.6	09:30	1:54:49.6
180	3	Holly Brucken	19	44	19:41.9	37:08	5:14.1	184	57:09.8	9.55	2:00.0	171	31:20.3	12:03	1:55:26.1
181	25	Nathan Cook	34	92	36:33.0	68:58	4:19.7	172	47:19.3	11.5	1:54.6	148	27:14.1	10:29	1:57:20.7
182	5	Lana Harden	20	92	36:33.8	68:58	3:15.6	171	46:51.2	11.7	2:40.6	157	28:40.1	11:02	1:58:01.3
183	2	Nancy Gormley	53	84	27:23.9	51:40	4:37.8	183	54:57.6	9.94	1:43.1	182	34:53.0	13:25	2:03:35.4
184	10	James Pelfrey	52	91	32:06.8	60:34	4:56.5	163	44:43.5	12.2	11:56.6	181	34:52.1	13:25	2:08:35.5

RELAYS

Overall Plc	Name	Age	Swim Rnk	Swim Time	Swim Pace	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	Our Wives Are Faster	32	2	13:17.1	25:04	0:45.3	1	26:38.6	20.5	0:44.0	1	15:08.8	05:50	56:33.8
2	Three's Company	19	3	14:05.0	26:34	0:52.1	2	27:10.0	20.1	0:52.9	2	17:10.0	06:36	1:00:10.0
3	Beat the Wookie	33	1	12:19.9	23:14	0:51.5	6	32:05.6	17.0	0:50.4	6	20:07.8	07:45	1:06:15.2
4	Heavy Metal Grunters	41	5	18:37.8	35:08	0:45.4	3	30:52.1	17.7	0:44.2	3	18:21.6	07:04	1:09:21.1
5	Run-A-Muck	31	6	20:05.1	37:54	0:54.7	4	31:07.5	17.5	0:50.1	4	18:45.3	07:13	1:11:42.7
6	Sag Wagon Bait	31	4	14:20.2	27:03	0:47.1	7	39:20.4	13.9	0:58.9	5	19:17.2	07:25	1:14:43.8
7	Legal Duo	27	7	21:22.2	40:19	0:53.5	5	31:09.3	17.5	0:55.4	8	21:00.6	08:05	1:15:21.0
8	Will Tri for Bourbon	24	8	22:41.4	42:48	0:53.3	8	39:43.6	13.7	0:48.1	9	23:09.7	08:54	1:27:16.1
9	Team Moore	34	10	27:06.3	51:08	1:11.7	10	41:06.6	13.3	1:05.4	10	23:15.3	08:57	1:33:45.3
10	Dave & Bryan	36	12	45:35.2	86:00	1:07.8	9	40:50.1	13.4	1:31.9	7	20:16.6	07:48	1:49:21.6
11	200 +	68	11	36:25.2	68:43	1:43.8	11	44:16.9	12.3	1:48.3	12	29:29.6	11:21	1:53:43.8
12	Small Wonders	24	9	23:55.5	45:08	1:49.4	12	1:14:55.1	7.29	2:01.3	11	25:49.8	09:56	2:08:31.1